

# **Storytelling as Activism and Healing: The Restorative Writing Workshop**

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# Who I Am

- College writing instructor
- Restorative Justice facilitator
- Second Chance Coalition member
- Leader of halfway house workshop

# Who Are You?

- What role does writing and storytelling play in your work?
- What are you hoping to get out of this session?

# The Workshop

- Poem prompt
- Card prompt
- Group-generated prompt
- Individualized projects

# Positive Outcomes

- Self-expression
- Emotional insight (Healing)
- Building trust
- Power of Voice (Activism)

# Challenges

- Fast turn-over, uncertain attendance
- Negative experiences with writing
- Group dynamics
- Boundaries

# Reflection / Discussion activity

- Think about a time that you experienced the impact of storytelling.
- Where could this be brought into your work to foster positive impacts?

# Closing Brainstorm

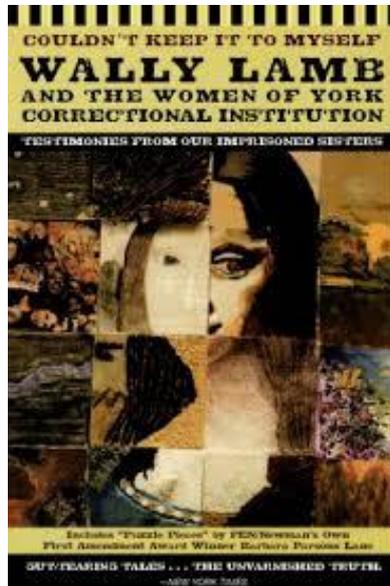
- What are ways we can help these important voices reach an audience where they will have the most impact?

# Resources



MARK SALZMAN

HOUGHTON MIFFLIN HARCOURT  
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## MN Prison Writing Workshop

