



MINNESOTA DEPARTMENT OF PUBLIC SAFETY
Office of Justice Programs

**2020 OJP Virtual Conference on Crime and Victimization
Webinar | June 30, 2020, 10:00 AM – 12:00 PM**

**Therapeutic Trappin' Hip Hop and Music's Therapeutic Value on, and for our Youth
Leo Howard, III M.Ed.**

Finding a way into the daily lives of young people is difficult – in part because we often do not know, nor try to understand, what matters to them. However, as youth workers, we know the value of creating connection and how this can assist in opening up the therapeutic and healing space. With the intention of better understanding youth culture, this class will challenge us to analyze Rap music and its history with a different lens. Participants will challenge biases and notions about Rap, draw connections to the relevance of the art form to our Youths experiences, as well as explore the ways Rap music and valued teachings of ancient philosophers coincide. Through experiential activities, we will discuss how music of any type offers benefits to our whole being, while also making connections to the understanding, joy, and healing Rap music provides for young people.

ABOUT THE PRESENTER



Leo Howard, III M. ED. graduated from the University of Minnesota with a Masters in Youth Development Leadership, and currently serves as the Residential program administrator for Rebound Inc. He teaches a community course at the University of Minnesota on music's therapeutic value on our youth. In addition to teaching the course through the University of Minnesota's learning labs, Howard has presented at the *Minnesota School Mental Health Conference* and the *National Racial and Ethnic Disparities Conference* in Arizona, just to name a couple. His goal

is to introduce new and innovative ways for youth workers to connect with, and learn from the youth they serve, reaching those who may be extremely resistant to any type of traditional therapy.

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Contact conference director for interpretation services.

FOR QUESTIONS:



Joann M. Jones, Conference Director

Office of Justice Programs, 445 Minnesota Street, Suite 2300, St. Paul, MN 55101

joann.jones@state.mn.us

Attendance/CEU

An attendance certificate is available upon completion of the post-webinar evaluation. With the many strict and unique CEU requirements between the vast numbers of disciplines we work with, we have found the most flexible option is to allow the individual to apply with their respective board/agency and we can validate if needed/necessary