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PREVENTING SEXUAL ASSAULT, DOMESTIC VIOLENCE, AND STALKING

Yvonne Cournoyer
Minnesota Coalition Against Sexual Assault

Can we prevent interpersonal violence?

- Yes? No? Maybe? Sometimes?
- What does it take?
- WHO needs to do WHAT?
- What is it going to take to reduce rates of IPV?

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Current Frame for IP Violence

- Focus is on the individual
 - A "bad" person
 - Raised by "bad" parents
 - Victims who made "bad" choices
- Focus is on legal definitions NOT ethical, respectful behavior
- Focus is on catching and convicting
 - Can't do anything unless there is "proof"
 - Often comes down to "she said/he said"
 - Doesn't "count" unless there is an arrest and conviction

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How we Prevent matches our frame

- Find those "bad" people
 - ▣ Lock them up and throw away the key
 - ▣ If they ever get out, track them so they can't harm anyone else
- Awareness and Outreach
 - ▣ Telling people this is a problem that affects lots of people
 - ▣ Let them know where to go for help
- Risk Reduction
 - ▣ Teach children to recognize "bad" people
 - ▣ Teach women to protect themselves

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Our Premise

- To prevent IPV before anyone is ever harmed requires:
 - ▣ **More** than awareness and education.
 - ▣ **More** than teaching potential victims how to reduce their risk of being harmed.

Effective prevention focuses on changing attitudes and behaviors through changing **policy, practice, and environments.**

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What Will We Cover?

- Key Prevention Concepts
 - ▣ Perpetration Prevention
 - ▣ Prevention Continuum
 - ▣ Spectrum of Prevention
- What Prevention Looks like in Communities

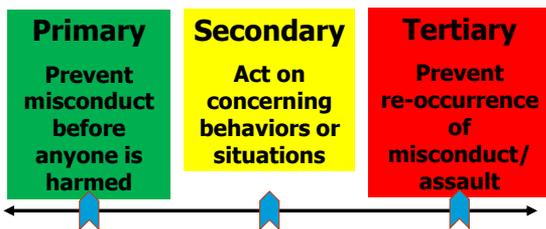
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Preventing Perpetration



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Prevention Continuum



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We need a new frame

- Ending sexual violence is a complex social challenge that requires community-wide changes to create environments that promote safety, equality, and respect.

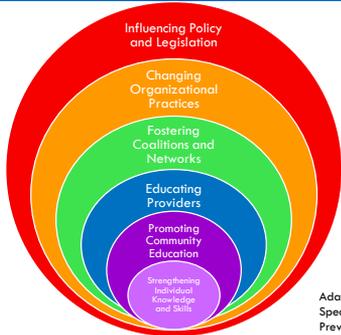
Example:

"It is up to the entire University community—students, faculty, staff, alumni, the Board, and the administration—to undertake a thorough and honest review of its culture."

Freeh Report on Penn State

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Spectrum of Prevention



Adapted from: Spectrum of Prevention, Prevention Institute

Key: Comprehensive, Complementary

- What works:
 - Comprehensive, complementary tools and programs, implemented in multiple settings in a community;
- What DOESN'T work:
 - One time programs are NOT effective
 - Short educational and theatre programs increase knowledge and decrease myth acceptance, but have no long term effect.
 - You **MUST add a skill building component** to have a long term effect.
 - "Programs in a box" without addressing the environment (e.g. through policies, practice changes, etc. are NOT effective.

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Contact information

Yvonne Cournoyer
 Prevention Program Manager
 ycournoyer@mncasa.org
 651-288-7444

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