

# How To Use a Car Seat Tether



## What is a tether?

A tether connects the top of a car seat to the vehicle.

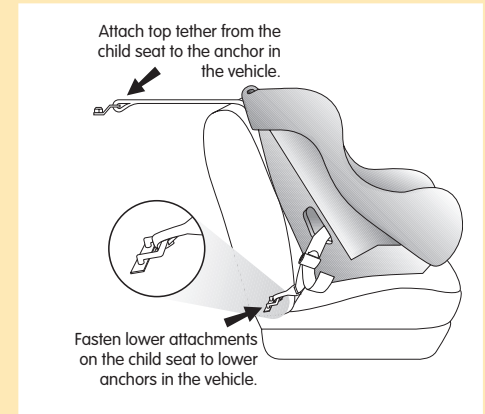
## Why is it important?

A tether prevents serious head and neck injury by securing the top of the car seat and minimizing forward head movement in a crash.

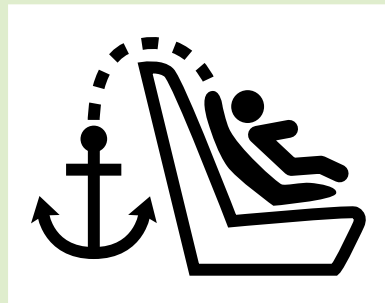


**Always** use a tether for forward-facing car seats.

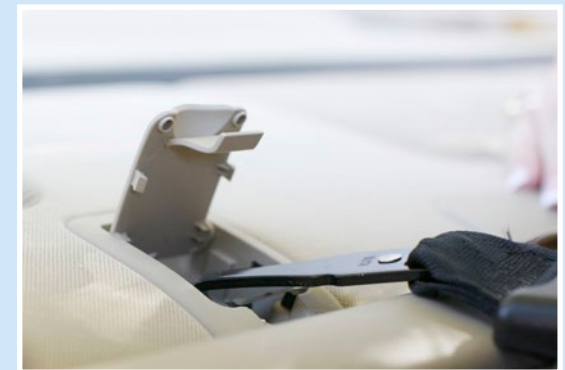
Infant seats and boosters usually do not have a tether.



The *tether anchor symbol* will show you where the tether can be attached in some vehicles. All passenger vehicles made after 2001 are required to have tether anchors; information can be found in your vehicle owner's manual.



To provide optimum protection, a tether must be attached and tightened properly.



U.S. Department of Transportation  
National Highway Traffic Safety  
Administration

[NHTSA.gov/therightseat](https://www.nhtsa.gov/therightseat)

