How To Use a Car Seat Tether

What is a tether?
A tether connects the top of a car seat to the vehicle.

Why is it important?
A tether prevents serious head and neck injury by securing the top of the car seat and minimizing forward head movement in a crash.

Always use a tether for forward-facing car seats.
Infant seats and boosters usually do not have a tether.

The tether anchor symbol will show you where the tether can be attached in some vehicles. All passenger vehicles made after 2001 are required to have tether anchors; information can be found in your vehicle owner’s manual.

To provide optimum protection, a tether must be attached and tightened properly.