

**TAKE ACTION
TO STOP THE
DISTRACTION**



Common Distractions Are the Reasons Inattentive Driving Accounts for One in Four Crashes in Minnesota.

Phones. Phone conversations pull your focus off the road, whether hands-free or not. Turn ringers off and put phones out of reach to avoid the urge to answer or dial, or have passengers handle calls. It is illegal for drivers with learning permits or provisional licenses to use a cell phone while driving.

Texting. It is illegal for all drivers to read or compose texts/emails, and access the Web on a wireless device while the vehicle is in motion or part of traffic. Violations are up to \$300.

Adjusting Controls. Set music, air and mirrors before driving. Ask passengers to handle controls.

Eating or Drinking. Avoid eating and reaching for food or drink.

Reading. GPS devices, as well as maps, newspapers and books are all serious distractions. Pull over to study a map, and know trip directions in advance.

Drowsy Driving. Drive well-rested. If you feel tired, exit and find a place to rest — an open window and loud music won't help.

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