

MINNESOTA DEPARTMENT OF PUBLIC SAFETY DRIVER AND VEHICLE SERVICES

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Commercial Driver License Medical Self-Certification FAQs

Who must complete a self-certification form?

All drivers that hold a class A, B or C commercial driver's license must complete and submit the **self-certification form** with every application process. The **self-certification form** is also required when updating medical examiner certificates and waivers. In Minnesota, this also includes all drivers with a school bus endorsement.

How do I obtain a medical examiner's certificate?

To obtain a medical examiner's certificate, a certified medical examiner must examine you. The Federal Motor Carrier Safety Administration defines "certified medical examiner" as a person who is licensed, certified and/or registered in accordance with applicable state laws and regulations, to perform physical examinations. The term includes, but is not limited to, doctors of medicine and osteopathy, advanced practice nurses, physician assistants and chiropractors. In some cases, your employer or prospective employer will make the arrangements.

The certified medical examiner that examines you must complete a <u>medical examination report</u> available on the DVS website Forms/Documents/Manuals page and certify that you meet the federal qualifications included in <u>Section 391.41(b) Title 49 CFR</u> (Federal Motor Carrier Regulations). The certified medical examiner will also complete, sign and give to you the medical examiner's certificate, noting any restrictions, including the need for a waiver.

A medical examiner's certificate can be valid for up to two years; the person who examines you will determine the card's expiration date.

My CDL is valid, but my medical examiner's certificate is expiring. Will I be required to submit a new certificate before my next renewal?

Yes. Commercial drivers are required to maintain current medical information on their driving record. Failure to do so may result in no CDL privileges and downgrade to a class D license.

What if I change my medical or operating status and it is not time to renew my CDL license?

You will need to complete a new **self-certification form** (PS33203), and submit it with a copy of your current medical examiner's certificate and necessary waivers if applicable.

- Online: <u>drive.mn.gov</u>
- By mail: Driver and Vehicle Services, 445 Minnesota Street, Suite 180, St. Paul, MN 55101-5180
- In person: At any driver exam station or driver's license application office. For a list of locations visit: dps.mn.gov/divisions/dvs/locations/Pages/default.aspx

If a Commercial Motor Vehicle (CMV) driver has a lapse in their medical, do they have to retake the CDL test?

If the CDL is downgraded because of failure to submit the required medical examiner's certificate, the driver may reinstate their CDL and endorsements within one year, by submitting a valid medical examiner's certificate with the self-certification form. If downgraded or voluntarily surrendered for more than one year, the driver must retake the applicable CDL knowledge and road tests and reapply for the CDL.

If my current job only requires me to operate intrastate, but I want the option to operate interstate, can I certify in Category 1 instead of 3 as long as I have a current medical examiner's certificate?

Drivers operating only in intrastate commerce but eligible for interstate commerce are advised to consider self-certifying in Category 1 non-exempt interstate commerce.

I am an independent operator who works for two different companies, a long haul trucking firm and a company involved in Apiarian Industries*. Which category should I certify under?

Since you will be operating, at times, in non-exempted interstate commerce for a long haul trucking firm, you must certify in Category 1, non-exempt interstate commerce and you must provide a current medical examiner's certificate and any applicable waivers.

I am a CDL holder in the military who has been deployed overseas and my medical examiner's certificate is going to expire prior to my return. What do I need to do?

If your CDL was valid at the time you entered the military, you are not required to do anything further until you are discharged. We recommend that you notify us of your military status. Send a written statement and a copy of your military ID card with your service entry date or a letter from your commanding officer verifying your service entry date and active duty status to: Driver and Vehicle Services, 445 Minnesota Street, St. Paul, MN 55101.

How do I obtain a federal (interstate) exemption or waiver?

If you do not meet certain physical or medical standards included in <u>Section 391.41(b) Title 49 CFR</u> (Code of Federal Regulations), you may be able to continue driving interstate if you qualify for a federal exemption or waiver.

To obtain information on a federal exemption or waiver, contact the Federal Motor Carrier Safety Administration at www.fmcsa.dot.gov.

- Vision waivers: www.fmcsa.dot.gov/rules-regulations/topics/medical/exemptions.htm
- Skill Performance Evaluation: www.fmcsa.dot.gov/rules-regulations/topics/medical/spepackage.htm
- FMCSA Phone: 1 (800) 832-5660
- FMCSA Midwestern Service Center: (708) 283-3577

How do I obtain a Minnesota (intrastate) exemption or waiver?

If you operate intrastate, you may be eligible for a waiver from the Minnesota Department of Transportation (MnDOT), but this restricts your driving to intrastate commerce.

For information about MnDOT waivers, contact the MnDOT Driver Medical Program: (651) 366-3674 or visit their website at: www.dot.state.mn.us/cvo/medicalwaivers.html.

Can school bus companies/employers submit all of the medical examiner certificates/waivers and self-certification forms for their drivers online at <u>drive.mn.gov</u>?

Yes, but each driver's information must be uploaded separately for proper sorting and document management.

^{*}Beekeepers seasonally transporting bees – exempt from providing medical certification.