



MY EMERGENCY SUPPLY KIT – FOR VEHICLES

This is a general list of suggested common items that you should keep handy in an emergency supply kit for your car. Everyone may have slightly different needs but those on this list have been found through experience to be the most useful. Keep them in a preparedness bag or a box in your trunk or behind the seat (especially in winter). Not only can the items potentially help you and your passengers, but can allow you to help others in need.

- ✓ **DRINKING WATER** – Always keep a small supply of bottled water in the car. If you are stranded for an extended period of time it is crucial you stay hydrated. Try to keep enough for several people and replenish your supply often.
- ✓ **EXTRA NON-PERISHABLE FOOD** – Having a few extra granola bars, or other easily stored food, in your vehicle emergency kit will be welcome if you are stranded and must wait a long time for assistance – especially with children or in the winter.
- ✓ **FLASHLIGHT AND SPARE BATTERIES** – Being able to see in dark conditions or at night — especially in a damaged vehicle — is critically important for safety. You may need to inspect the damage or see to free yourself. You also may need to get help or warn other motorists.
- ✓ **BLANKETS OR SLEEPING BAG** – It's important to stay warm if are stranded, or must stay in a damaged car, until help arrives. Blankets can also be handy to share with others who need assistance.
- ✓ **JUMPER CABLES AND TOOL KIT** – Car batteries can die, especially in the winter. Keep a set of jumper cables and a small tool kit on hand to get your car started or to help others.
- ✓ **FIRST AID KIT** - It's always good to have a first aid kit on hand for any emergency or event. Make sure it gets replenished with new supplies when needed.
- ✓ **SAND OR CAT LITTER** – If you are stuck in snow or ice, a few shovelfuls of sand or litter behind or in front of your tires will give you enough traction to get moving.
- ✓ **SMALL SHOVEL** – **GETTING** stuck in deep mud or gravel may require you to shovel to get out.
- ✓ **GLOVES, HATS, BOOTS AND JACKETS** – **HAVING** extra warm clothes, gloves, boots and hats in the car will keep you warm and your body temperature at safe levels in extreme cold. Try to keep enough for everyone – especially kids.
- ✓ **RED BANDANA OR HELP SIGNAL**- A disabled car doesn't always look disabled, especially if it's off the road. Have a bright colored bandana or flag to attract attention. Tie it to your antenna or hang it from your window. Authorities will recognize this as a signal for help.